



Grace Central Church

Pastor Darius Brooks

February 2026 Twenty-Eight Day Consecration

Purpose: to refocus and rededicate yourself to God, the ministry of Grace Central and to the cause of Christ enabling us to chart our course forward for the new year and beyond.

Daily - Personal time with God:

Every morning from **8:00 AM to 8:15 AM** will be personal time with God where you will read a specific scripture given to you and then offer prayers for yourself and a specific topic also given to you.

Weekly - Giving up/ sacrificing something:

Week #1 (February 1-7)

Fast for 8 hours (no food, unless you have a medical condition that does not allow fasting)

Week #2 (February 8 to 14)

No Sweets/Sugar

Week #3 (February 15 to 21)

No Shopping (only necessity shopping should be done, i.e., groceries, medicine etc.)

Week #4 (February 22-28)

No meat, chicken or fish, only fruits and vegetables (see list)

***Special Notes:** If you or your family are celebrating birthdays, anniversaries etc. during the month of consecration, please celebrate those days with your family and resume the special sacrifices of each week the next day if you desire.

******If you have any medication conditions that may affect you with regard to any of the dietary restrictions above, please consult your physician before starting any of these.

Culmination service - One (1) prayer service on Saturday, February 28, 2026, from 10:30 AM to 11:30 AM. There will be a few prayer leaders who lead the prayers and then for the remaining time everyone will offer up their own personal prayers.

Twenty-Eight Days of Prayer

February 1 – Praise & Thanksgiving – **Psalms 100:4-5**

⁴ Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him and bless his name.

⁵ For the LORD is good; his mercy is everlasting; and his truth endureth to all generations.

February 2 – Pastor, First Lady & Dasha – **Galatians 6:6**

Let him that is taught in the word communicate unto him that teacheth in all good things.

February 3 – Your own Family – **Philippians 1:9-11**

⁹ And this I pray, that your love may abound yet more and more in knowledge and in all judgment;

¹⁰ That ye may approve things that are excellent; that ye may be sincere and without offence till the day of Christ.

¹¹ Being filled with the fruits of righteousness, which are by Jesus Christ, unto the glory and praise of God.

February 4 – Your commitment to and continued growth of our church – **Hebrews 10:25**

Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching.

February 5 – Tithing – **Proverbs 3:9-10**

⁹ Honour the Lord with thy substance, and with the firstfruits of all thine increase:

¹⁰ So shall thy barns be filled with plenty, and thy presses shall burst out with new wine.

February 6 – Single Parents – **Proverbs 31:10**

Who can find a virtuous woman? for her price is far above rubies.

February 7 – College Students – **Joshua 1:9**

Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the Lord thy God is with thee whithersoever thou goest.

February 8 – People struggling with addiction – **1 Peter 5:8-9**

⁸ Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:

⁹ Whom resist stedfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world.

February 9 – Entrepreneurs – **Proverbs 16:3**

Commit thy works unto the Lord, and thy thoughts shall be established.

February 10 – Physical Healing – **Jeremiah 33:6**

Behold, I will bring it health and cure, and I will cure them, and will reveal unto them the abundance of peace and truth.

February 11 – Emotional Healing – **Psalms 34:18**

The Lord is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit.

February 12 – Mental Healing – **Psalms 34:17**

The righteous cry, and the Lord heareth, and delivereth them out of all their troubles.

February 13 – Spiritual Healing – **James 5:16**

Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much

February 14 – Marriages – **Matthew 19:4-6**

4 And he answered and said unto them, Have ye not read, that he which made them at the beginning made them male and female,

5 And said, For this cause shall a man leave father and mother, and shall cleave to his wife: and they twain shall be one flesh?

6 Wherefore they are no more twain, but one flesh. What therefore God hath joined together, let not man put asunder.

February 15 – Salvation of loved one's/the unsaved – **I Timothy 1:14-16**

14 And the grace of our Lord was exceeding abundant with faith and love which is in Christ Jesus.

15 This is a faithful saying, and worthy of all acceptation, that Christ Jesus came into the world to save sinners; of whom I am chief.

16 Howbeit for this cause I obtained mercy, that in me first Jesus Christ might shew forth all longsuffering, for a pattern to them which should hereafter believe on him to life everlasting.

February 16 – Those with Jobs - **Colossians 3:23-24** - and those looking for jobs –**Matthew 7:7-8**
Colossians 3:23-24

23 And whatsoever ye do, do it heartily, as to the Lord, and not unto men;

24 Knowing that of the Lord ye shall receive the reward of the inheritance: for ye serve the Lord Christ.

Matthew 7:7-8

7 Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you:

8 For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.

February 17 – Your financial success – **Proverbs 10:22**

The blessing of the Lord, it maketh rich, and he addeth no sorrow with it.

February 18 – Volunteers in Ministry – **Matthew 20:26-28**

26 But it shall not be so among you: but whosoever will be great among you, let him be your minister;

27 And whosoever will be chief among you, let him be your servant:

28 Even as the Son of man came not to be ministered unto, but to minister, and to give his life a ransom for many.

February 19 – Men's Ministry – **Ecclesiastes 12:13**

Let us hear the conclusion of the whole matter: Fear God and keep his commandments: for this is the whole duty of man.

February 20 – Women's Ministry – **Luke 24:6-10**

6 He is not here, but is risen: remember how he spake unto you when he was yet in Galilee,

7 Saying, The Son of man must be delivered into the hands of sinful men, and be crucified, and the third day rise again.

8 And they remembered his words,

9 And returned from the sepulchre, and told all these things unto the eleven, and to all the rest.

10 It was Mary Magdalene and Joanna, and Mary the mother of James, and other women that were with them, which told these things unto the apostles.

February 21 – Music Ministry – **Psalms 95:1-2**

1 O come, let us sing unto the Lord: let us make a joyful noise to the rock of our salvation.

2 Let us come before his presence with thanksgiving, and make a joyful noise unto him with psalms

February 22 – Administrative Team – **Ecclesiastes 4:9-10**

9 Two are better than one; because they have a good reward for their labour.

10 For if they fall, the one will lift up his fellow: but woe to him that is alone when he falleth; for he hath not another to help him up.

February 23 – Children & Youth Ministry – **Deuteronomy 6:6-7**

6 And these words, which I command thee this day, shall be in thine heart:

7 And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up.

February 24 – Government and Political Leaders – **Psalms 2:10-11**

10 Be wise now therefore, O ye kings: be instructed, ye judges of the earth.

11 Serve the Lord with fear, and rejoice with trembling

February 25 – Your personal spiritual growth – **I Corinthians 3:2-8**

2 I have fed you with milk, and not with meat: for hitherto ye were not able to bear it, neither yet now are ye able.

3 For ye are yet carnal: for whereas there is among you envying, and strife, and divisions, are ye not carnal, and walk as men?

4 For while one saith, I am of Paul; and another, I am of Apollos; are ye not carnal?

5 Who then is Paul, and who is Apollos, but ministers by whom ye believed, even as the Lord gave to every man?

6 I have planted, Apollos watered; but God gave the increase.

7 So then neither is he that planteth any thing, neither he that watereth; but God that giveth the increase.

8 Now he that planteth and he that watereth are one: and every man shall receive his own reward according to his own labour.

February 26 – Deeper understanding of God's Word - **Proverbs 4:7**

Wisdom is the principal thing; therefore get wisdom: and with all thy getting get understanding.

February 27 – Pray for your passion and purpose (Your calling) – **2 Peter 1:10-11**

10 Wherefore the rather, brethren, give diligence to make your calling and election sure: for if ye do these things, ye shall never fall:

11 For so an entrance shall be ministered unto you abundantly into the everlasting kingdom of our Lord and Saviour Jesus Christ.

February 28 – Pray for the will of God in your life – **Matthew 6:9-10**

9 After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name.

10 Thy kingdom come, Thy will be done in earth, as it is in heaven.

(Bonus)

March 1 – Praise God for answered prayers & thank Him for results – **Psalms 118:21**

I will praise thee: for thou hast heard me, and art become my salvation.

Shopping List for Week #4

Fruits		Vegetables	
<input type="checkbox"/> Apple	<input type="checkbox"/> Lemon	<input type="checkbox"/> Artichoke*	<input type="checkbox"/> Lettuce*
<input type="checkbox"/> Apricots*	<input type="checkbox"/> Lime	<input type="checkbox"/> Arugula	<input type="checkbox"/> Mushrooms*
<input type="checkbox"/> Avocado	<input type="checkbox"/> Lychee	<input type="checkbox"/> Asparagus*	<input type="checkbox"/> Mustard Greens
<input type="checkbox"/> Banana	<input type="checkbox"/> Mango	<input type="checkbox"/> Beets	<input type="checkbox"/> Okra
<input type="checkbox"/> Blackberries	<input type="checkbox"/> Nectarine	<input type="checkbox"/> Bok Choy	<input type="checkbox"/> Onions
<input type="checkbox"/> Blackcurrant	<input type="checkbox"/> Olives	<input type="checkbox"/> Broccoli*	<input type="checkbox"/> Parsnip*
<input type="checkbox"/> Blueberries	<input type="checkbox"/> Orange	<input type="checkbox"/> Brussel Sprouts*	<input type="checkbox"/> Peas*
<input type="checkbox"/> Cantaloupe	<input type="checkbox"/> Papaya	<input type="checkbox"/> Cabbage	<input type="checkbox"/> Pepper
<input type="checkbox"/> Cherries	<input type="checkbox"/> Passion Fruit	<input type="checkbox"/> Carrot	<input type="checkbox"/> Pumpkin
<input type="checkbox"/> Clementine	<input type="checkbox"/> Peaches	<input type="checkbox"/> Cauliflower*	<input type="checkbox"/> Radishes*
<input type="checkbox"/> Coconut	<input type="checkbox"/> Pear	<input type="checkbox"/> Celery	<input type="checkbox"/> Rapini
<input type="checkbox"/> Cranberries	<input type="checkbox"/> Pineapple*	<input type="checkbox"/> Collards	<input type="checkbox"/> Rutabaga*
<input type="checkbox"/> Dates	<input type="checkbox"/> Plantain	<input type="checkbox"/> Cucumber	<input type="checkbox"/> Shallots
<input type="checkbox"/> Dragon fruit	<input type="checkbox"/> Plums*	<input type="checkbox"/> Edamame	<input type="checkbox"/> Snow Peas
<input type="checkbox"/> Figs	<input type="checkbox"/> Pomegranate	<input type="checkbox"/> Eggplant	<input type="checkbox"/> Spinach
<input type="checkbox"/> Grapefruit	<input type="checkbox"/> Prunes	<input type="checkbox"/> Fennel	<input type="checkbox"/> Squash
<input type="checkbox"/> Grapes	<input type="checkbox"/> Raspberries	<input type="checkbox"/> Ginger Root	<input type="checkbox"/> Sugar Peas
<input type="checkbox"/> Guava	<input type="checkbox"/> Rhubarb*	<input type="checkbox"/> Green Beans	<input type="checkbox"/> Sweet Potato
<input type="checkbox"/> Honeydew	<input type="checkbox"/> Strawberries*	<input type="checkbox"/> Horseradish	<input type="checkbox"/> Swiss Chard
<input type="checkbox"/> Jackfruit	<input type="checkbox"/> Tangerine	<input type="checkbox"/> Kale	<input type="checkbox"/> Turnip*
<input type="checkbox"/> Kiwifruit	<input type="checkbox"/> Watermelon	<input type="checkbox"/> Leeks*	<input type="checkbox"/> Zucchini
<input type="checkbox"/> Kumquat		*In season for spring	